



Caramel Corn with Almonds, Cashews, and Pecans

Nutrition Facts

Serving Size: 1/2 cup (about 30g)

Servings Per Container: about 25

AMOUNT PER SERVING

Calories 110 Calories from Fat 25

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 22g **7%**

Dietary Fiber 1g **4%**

Sugars 15g

Protein 1g

Iron **4%**

Not a significant source of Vitamin A, Vitamin C, and Calcium.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

INGREDIENTS:

Sugar, Corn Syrup, Dextrose, Popcorn, Roasted Almonds (Almonds, Cottonseed Oil), Molasses, Butter (Cream, Salt), Roasted Cashews (Cashews, Cottonseed Oil), Roasted Pecans (Pecans, Cottonseed Oil), Soybean Oil, Salt, Baking Soda, Soy Lecithin (an emulsifier).

Contains soy, tree nuts and milk ingredients.
Manufactured in a facility that handles peanuts and wheat.

CHOLESTEROL FREE **100% WHOLE GRAIN** **NO TROPICAL OILS**