



Chocolatey Triple Delight

Nutrition Facts	
Serving Size: 1/2 cup (about 30g)	
Servings Per Container: about 19	
AMOUNT PER SERVING	
Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 23g	8%
Dietary Fiber less than 1g	3%
Sugars 16g	
Protein 1g	
Calcium 2%	Iron 2%
Not a significant source of Vitamin A and Vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS:

Sugar, Corn Syrup, Popcorn, Palm Kernel Oil, Cocoa Powder, Whey Powder, Nonfat Dry Milk Powder, Soy Lecithin (an emulsifier), Yogurt Powder (Cultured Whey, Nonfat Milk), Salt, Lactic Acid, Natural and Artificial Flavor, Lactose, Titanium Dioxide (artificial color), Distilled Monoglycerides, Caramel Color, Vanilla, Vanillin (artificial flavor).

Contains soy and milk ingredients.

Manufactured in a facility that handles tree nuts, peanuts and wheat.

NO HYDROGENATED OILS LOW SODIUM



Butter Toffee Caramel Corn

Nutrition Facts

Serving Size: 1/2 cup (about 30g)

Servings Per Container: about 19

AMOUNT PER SERVING

Calories 100 Calories from Fat 5

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 26g **9%**

Dietary Fiber 1g **4%**

Sugars 16g

Protein 1g

Not a significant source of Vitamin A, Vitamin C, Calcium and Iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

Sugar, Corn Syrup, Popcorn, Soybean Oil, Salt, Baking Soda, Natural and Artificial Flavor, Soy Lecithin (an emulsifier), Caramel Color.

Contains soy and milk ingredients.

Manufactured in a facility that handles tree nuts, peanuts and wheat.

CHOLESTEROL FREE

100% WHOLE GRAIN

NO TROPICAL OILS



Cheddar Cheese Corn

Nutrition Facts			
Serving Size: 2 1/3 cups (about 32g)			
Servings Per Container: about 6			
AMOUNT PER SERVING			
Calories 170	Calories from Fat 90		
% Daily Value*			
Total Fat 11g	17%		
Saturated Fat 1.5g	8%		
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 6g			
Cholesterol 5mg	2%		
Sodium 200mg	8%		
Total Carbohydrate 16g	5%		
Dietary Fiber 3g	12%		
Sugars 2g			
Protein 3g			
Vitamin A 2%	Vitamin C 0%		
Calcium 4%	Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

Popcorn, Canola Oil, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate, Color Added, TBHQ and Citric Acid to preserve freshness.

Contains milk ingredients.

Manufactured in a facility that handles soy, tree nuts, peanuts and wheat.

100% WHOLE GRAIN
NO TROPICAL OILS

NO ADDED SUGAR