



Caramel Corn with almonds, cashews and pecans

Nutrition Facts

Serving Size: 1/2 cup (about 30g)
Servings Per Container: about 25

AMOUNT PER SERVING		Calories from Fat 20
		% Daily Value*
Calories	110	
Total Fat	2.5g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Polyunsaturated Fat	0.5g	
Monounsaturated Fat	1g	
Cholesterol	0mg	0%
Sodium	120mg	5%
Total Carbohydrate	21g	7%
Dietary Fiber	1g	4%
Sugars	12g	
Protein	1g	

Iron 8%

Not a significant source of Vitamin A, Vitamin C, and Calcium.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

INGREDIENTS:

Natural Tapioca Syrup, Popcorn, Roasted Almonds, Natural Molasses, Roasted Cashews, Roasted Pecans, Butter (Cream, Salt), Soy Lecithin (an emulsifier), Salt, Baking Soda, Natural Flavor, Cottonseed Oil.

Contains soy, tree nuts and milk ingredients.
Manufactured in a facility that handles peanuts and wheat.

CHOLESTEROL FREE NATURALLY SWEETENED
100% WHOLE GRAIN NO TROPICAL OILS

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