



Cheese Lovers

Gourmet Cheddar Cheese Corn

Nutrition Facts	
Serving Size 2 1/3 cups (about 32g)	
Servings Per Container about 12	
Amount Per Serving	
Calories 180	Calories from Fat 110
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 11g	55%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 380mg	16%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	12%
Protein 4g	
Calcium 8%	• Iron 2%
Not a significant source of Vitamin A and Vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Trail's End® Whole Grain Popcorn, Coconut Oil, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Whey, Buttermilk, Maltodextrin, Salt, Disodium Phosphate, Lactic Acid, Artificial Color (including FD&C Yellow 5, FD&C Yellow 6). (U)D

Contains Milk ingredients.
Manufactured in a facility that handles Soy and Tree Nuts.

2 – 7 OZ BAGS (198g) NET WT 14 OZ (397g)

White Cheddar Cheese Corn

Nutrition Facts	
Serving Size 2 1/3 cups (about 32g)	
Servings Per Container about 6	
Amount Per Serving	
Calories 170	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 9g	45%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 280mg	12%
Total Carbohydrate 16g	5%
Dietary Fiber 3g	12%
Sugar 2g	
Protein 3g	
Vitamin A 2%	• Vitamin C 0%
Calcium 4%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Trail's End® Whole Grain Popcorn, Coconut Oil, Cheddar Cheese (Cultured Milk, Salt, Calcium Chloride, Enzymes), Whey, Buttermilk Powder, Salt, Natural and Artificial Flavors, Autolyzed Yeast Extract, Dextrose, Disodium Phosphate, Modified Corn Starch, Lactic Acid, Citric Acid, Disodium Inosinate, Disodium Guanylate, Maltodextrin, Monosodium Glutamate. (U)D

Contains Milk ingredients.
Manufactured in a facility that handles Soy and Tree Nuts.

NET WT 7 OZ (198g)