



## Chocolatey Caramel Crunch

### Nutrition Facts

Serving Size: 1/2 cup (about 30g)

Servings Per Container: about 25

**AMOUNT PER SERVING**

**Calories** 120 **Calories from Fat** 35

**% Daily Value\***

**Total Fat** 4g **6%**

Saturated Fat 3.5g **17%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 75mg **3%**

**Total Carbohydrate** 22g **7%**

Dietary Fiber 1g **5%**

Sugars 15g

**Protein** 1g

Calcium 2% Iron 4%

Not a significant source of Vitamin A and Vitamin C.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**INGREDIENTS:**

Sugar, Corn Syrup, Palm Kernel Oil, Popcorn, Cocoa Powder, Whey Powder, Nonfat Dry Milk Powder, Soy Lecithin (an emulsifier), Salt, Natural and Artificial Flavor, Caramel Color, and Vanilla.

Contains soy and milk ingredients.

Manufactured in a facility that handles tree nuts, peanuts and wheat.

**CHOLESTEROL FREE    LOW SODIUM**

**100% WHOLE GRAIN    NO HYDROGENATED OILS**

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