

Nutritional Facts

Aged White Cheddar Popcorn

Nutrition Facts
Serving Size About 2 cups (28g)
Servings Per Container About 9

| Amount Per Serving | |
|-------------------------------|-----------------------|
| Calories 160 | Calories from Fat 100 |
| % Daily Value* | |
| Total Fat 12g | 18% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 7g | |
| Cholesterol 0mg | 0% |
| Sodium 240mg | 10% |
| Total Carbohydrate 12g | 4% |
| Dietary Fiber 2g | 8% |
| Sugars 1g | |

| Protein 3g | |
|--------------|----------------|
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 4% | • Iron 2% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcom, Canola and/or Sunflower Oil, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Whey, Buttermilk, Maltodextrin, Salt, TBHQ to preserve freshness.

Contains: Milk Ingredients

Sweet Caramel Corn with Sea Salt

Nutrition Facts
Serving Size 1/2 cup (30g)
Servings Per Container About 19

| Amount Per Serving | |
|-------------------------------|----------------------|
| Calories 130 | Calories from Fat 45 |
| % Daily Value* | |
| Total Fat 5g | 8% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Polyunsaturated Fat 0g | |
| Monounsaturated Fat 1.5g | |
| Cholesterol 15mg | 5% |
| Sodium 340mg | 14% |
| Total Carbohydrate 23g | 8% |
| Dietary Fiber 1g | 4% |
| Sugars 16g | |

| Protein 1g | |
|--------------|----------------|
| Vitamin A 4% | • Vitamin C 0% |
| Calcium 0% | • Iron 2% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:
Sugar, Corn Syrup, Popcorn, Butter (Cream, Salt), Heavy Cream, Milk, Molasses, Sea Salt, Salt, Baking Soda, Natural Flavor, Soybean Oil, Soy Lecithin (an emulsifier).

Contains: Milk, Soy

Simply Salted Popcorn

Nutrition Facts
Serving Size 3 3/4 cups (28g)
Servings Per Container About 6

| Amount Per Serving | |
|-------------------------------|----------------------|
| Calories 160 | Calories from Fat 90 |
| % Daily Value* | |
| Total Fat 10g | 15% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 7g | |
| Cholesterol 0mg | 0% |
| Sodium 75mg | 3% |
| Total Carbohydrate 14g | 5% |
| Dietary Fiber 3g | 12% |
| Sugars 0g | |

| Protein 2g | |
|--------------|----------------|
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 0% | • Iron 4% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcom, Canola and/or Sunflower Oil, Salt, TBHQ to preserve freshness.

Honey Roasted Mixed Nuts

Nutrition Facts
Serving Size 1/4 Cup (30g)
Servings Per Container About 9

| Amount Per Serving | |
|------------------------------|-----------------------|
| Calories 170 | Calories from Fat 130 |
| % Daily Value* | |
| Total Fat 14g | 22% |
| Saturated Fat 2g | 10% |
| Trans Fat 0g | |
| Polyunsaturated Fat 3.5g | |
| Monounsaturated Fat 8g | |
| Cholesterol 0mg | 0% |
| Sodium 90mg | 4% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 2g | 8% |
| Sugars 4g | |

| Protein 4g | |
|--------------|----------------|
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 4% | • Iron 6% |

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| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Ingredients: cashews, almonds, pecans, sugar, honey, peanut oil and/or soy oil, salt, honey powder (honey, maltodextrin, dextrose, sugar, natural honey flavor), xanthan gum.

Contains: cashews, almonds, pecans

May contain: peanuts, other tree nuts

Milk Chocolate Pecan Clusters

Nutrition Facts
Serving Size 3 Pieces (42g)
Servings Per Container About 6

| Amount Per Serving | |
|-------------------------------|-----------------------|
| Calories 210 | Calories from Fat 110 |
| % Daily Value* | |
| Total Fat 12g | 18% |
| Saturated Fat 6g | 30% |
| Trans Fat 0g | |
| Polyunsaturated Fat 1.5g | |
| Monounsaturated Fat 4g | |
| Cholesterol 5mg | 2% |
| Sodium 75mg | 3% |
| Total Carbohydrate 25g | 8% |
| Dietary Fiber 1g | 4% |
| Sugars 19g | |

| Protein 2g | |
|--------------|----------------|
| Vitamin A 0% | • Vitamin C 0% |
| Calcium 6% | • Iron 0% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Ingredients: milk chocolate (sugar, cocoa butter, whole milk, chocolate, soy lecithin, and vanilla), corn syrup, sweetened condensed milk (milk, sugar, skim milk), pecans, sugar, hydrogenated coconut oil, butter (pasteurized cream, salt), salt, carrageenan, soy lecithin.

Contains: pecans, milk, soy

May contain: peanuts, other tree nuts, wheat